- ⊙ 5015 Harpeth Drive
- **(**615)373-1012
- www.tennesseedentist.com

Sleep Apnea Treatment

☐ Signs of possible Sleep-disordered breathing:

- ☆ Clenching
- © Grinding
- \Im Broken fillings or teeth
- □ Large tongue or tonsils

- ୍ଲ Snoring
- ന്ന Acid reflux
- ្ហា High blood pressure or cholesterol
- ຕ Petite frame
- a Family history of Obstructive Sleep Apnea

Take our Home Sleep Test to determine the best treatment for your smile and overall health!

☐ Home Sleep Test- \$200

- % This one-night sleep study tracks your breathing patterns through the night in addition to your oxygen levels, heart rate, and the number of times you may experience labored breathing.
- $_{\rm ij}$ Upon completion we will review the results and if positive for Obstructive Sleep Apnea, discuss treatment options that include:

M Oral Appliance Therapy

- Surgery to reduce tissue blockages around your airway

What's included in Oral Appliance Therapy?

- M Digital Impressions
- ♡ One Mandibular Advancement Device
- ♡ A letter to your primary care if desired
- $\ensuremath{\mathfrak{P}}$ Follow up and adjustment appointments if necessary
- $\mathop{\uppi}$ One follow-up At-Home Sleep Test to track progress

☐ How much does it cost?

\$400 Down Payment & 12 monthly payments of \$250 on the 15th of every month

This device is NOT covered by dental insurance. If you would like to seek coverage by your medical insurance, treatment should be conducted through your primary care physician.



